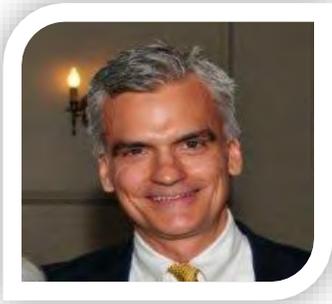


## ***FY18 Spring Trainings***

### **Regional Training 1 of 4**



<b>Title:</b>	<b><i>Knowing, Not Knowing, and Muddling Through: Countertransference with Compulsive Gamblers</i></b>
<b>Date &amp; Time:</b>	Wednesday, March 14, 2018; 9am to 2pm
<b>Region:</b>	Central
<b>Location:</b>	Luk, Inc. 40 Southbridge St, Worcester, MA; 4 <sup>th</sup> fl.
<b>Presenter:</b>	Geoffrey W. Locke, Ph.D.
<b>Cost:</b>	\$50.00
<b>CEUs:</b>	4.5

#### **Description:**

This course will study countertransference and how it impacts clinical judgment and treatment with individuals struggling with compulsive gambling. Clinicians will learn how to identify and manage countertransference in their work.

#### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- Define and understand the concept of countertransference and why it occurs.
- Reflect on one's own experiences with clients and identify situations where countertransference may have occurred.
- Identify personal issues that may contribute to countertransference.
- Identify common countertransference reactions with gambling clients.
- Learn ways to manage and use countertransference more effectively.

**Geoffrey W. Locke, PhD, LICSW, CADAC, CAS, MA-PGS** is a psychotherapist who has been in practice for over 25 years and has been an affiliate and trainer with the Mass Council for 20 years. His research has explored the relationship between disordered gambling, substance use, and interpersonal guilt. He is on faculty, and teaches clinical practice, at Smith College School for Social Work, and he maintains a private practice in Amherst, MA

## **Regional Training 2 of 4**



<b>Title:</b>	<b><i>Cultural Competency and Gambling</i></b>
<b>Date &amp; Time:</b>	April 11, 2018; 9am to 2pm
<b>Presenter:</b>	Haner Hernández, PhD., CADCI, LADCI
<b>Location:</b>	High Point Treatment Center, Brockton, MA
<b>Region:</b>	Southeast
<b>Cost:</b>	\$50.00
<b>CEUs:</b>	4.5

### **Description:**

This training will focus on the connection between gambling and cultural intelligence. Participants will learn about behavioral health disparities, how to build health equity, and will explore specific techniques and strategies designed to engage and treat people from diverse identities and communities. The training will include didactic as well as interactive exercises designed to engage participants and elicit their input. The training is intended for entry to advanced level.

### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- Describe cultural competency and the need to provide services that are culturally intelligent;
- Describe the connection between gambling behaviors and culture;
- Describe behavioral health disparities and their impacts on marginalized communities;
- Describe health equity and their roles in building health equity.

**Dr. Hernández** is originally from Puerto Rico, is bilingual and has worked for over 27 years in the health and human service field developing, implementing, and evaluating culturally and linguistically competent youth and adult health prevention, intervention, treatment, and recovery support programs. Dr. Hernandez is a person in long-term recovery from addiction and is committed to eliminating health disparities by working at the national, state, and local levels. He is currently a Senior Consultant to the Massachusetts Department of Public Health Bureau of Substance Abuse Services, with a focus on Access to Recovery, Recovery Supports, and the Recovery Support Centers. Dr. Hernandez was appointed to SAMHSA Bringing Recovery Supports to Scale Technical Assistance Center Strategy (BRSS TACS) steering committee in 2014. He has served as a consultant to several federally-funded initiatives in the areas of behavioral workforce development, HIV/AIDS, addiction prevention and treatment, military service members, their families and TBI and PTSD, and pediatric asthma. Dr. Hernández serves as faculty at the New England School of Addiction Studies and is on the Board of Directors of the Massachusetts Board for Voluntary Certification of Drug and Alcohol Counselors and the Massachusetts Organization for Addiction recovery (MOA). He received his PhD at the School of Public Health and Health Sciences at the University of Massachusetts, Amherst.

## **Regional Training 3 of 4**



<b>Title:</b>	<b><i>Working with Families Affected by Gambling Disorder</i></b>
<b>Date &amp; Time:</b>	Monday, April 23, 2018
<b>Region:</b>	Northeast
<b>Location:</b>	555 Merrimack St., Lowell, MA
<b>Presenter:</b>	Dot Duda, LMHC, MA PGS
<b>Cost:</b>	\$50.00
<b>CEUs:</b>	4.5

### **Description:**

This course will focus on helping clinicians learn how to engage and treat the entire family of problem gamblers and begin the path of recovery from this addiction. All aspects of the effects on family members will be discussed, including the financial impact on the family, the emotional ramifications, including trust, and the psychological consequences for many family members. Often, family members are left untreated with serious, painful effects from their loved ones' gambling. While the financial impact is the most obvious, the other effects, including severe depression, trauma and an inability to function, are often present as well. The clinician is in a unique position to offer help and support to these family members, but must begin with knowledge of this addiction and how family members can address the pain caused. Family members must be offered help, hope and support, and a clear understanding of how they may be able to protect themselves and function better in their world.

### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- Participants will be able to identify symptoms of problem gambling and be able to understand the impact this addiction may have on family members
- Participants will be able to interview, assess, refer, and treat members of the gamblers family members who may be affected by the gambling problems
- Participants will be able to provide a safe, therapeutic environment for growth and understanding of family members of problem gamblers as they work through the issues in themselves and their family.

***Dot Duda, LMHC*** has over thirty years treating substance abuse and twenty plus years treating those with a Gambling Disorder. She is the former Director of Outpatient Psychiatry and addictions at Mount Auburn hospital and is currently in private practice. Additionally, Dot is a member of the New Hampshire Council on Compulsive Gambling Board of Directors.

## **Regional Training 4 of 4**



<b>Title:</b>	<b><i>Utilizing Motivational Interviewing to Address Gambling Disorder</i></b>
<b>Date &amp; Time:</b>	May 15, 2018 9am to 2pm
<b>Presenter:</b>	Thomas E. Broffman, PhD, LICSW, CAADAC, CCS, CEAP
<b>Location:</b>	134 Durfee St, Fall River, MA
<b>Region:</b>	Southeast
<b>Cost:</b>	\$50.00
<b>CEUs:</b>	4.5

### **Description:**

Motivational interviewing is an evidence based practice based on CBT principles to enhance gambling clients' motivation to change through use of engagement strategies specific to the person's stage of change. MI is an evidence based practice to treat gambling disorders. Gambling clients often struggle with cognitive distortions and irrational beliefs about gambling. MI is particularly effective with gambling clients in the pre-contemplation, contemplation and determination stages of change. The key strategy is to resolve gambling client's resistance to change without increasing their resistance to change.

### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- Define multiple MI techniques to help gambling clients to change
- Describe the Stages of Change & complete a Stage of Change Assessment with gambling clients
- Define the 4 principles of MI
- Define the 3 components of the spirit of MI
- Demonstrate skill with OARS
- Demonstrate at least 2 methods to elicit change talk with gambling clients
- Utilize a Readiness Ruler with gambling clients
- Complete a Decisional Balance with gambling clients
- Complete a Change Plan with gambling clients
- Describe 3 MI strategies to deal with resistance to change among gambling clients

**Thomas E. Broffman, PhD, LICSW, CAADAC, CCS, CEAP** is the owner & operator of Broffman Training & Consultation Services and is a regionally known trainer and consultant. □ His primary expertise has been a Motivational Interviewing trainer, consultant and practitioner for over 25 yrs. □ He has been involved in MI implementation projects (MI training and MI coaching) in family service agencies, a variety of healthcare settings, medication assisted treatment programs, both adult and adolescent residential care, homeless and housing programs, domestic violence, co-occurring disorders, gambling treatment programs, and day treatment/IOP.

991 Providence Highway, Suite 200 Norwood, Massachusetts 02065

Phone: 617-426-4554 Helpline: 800-426-1234 Website: [www.masscompulsivegambling.org](http://www.masscompulsivegambling.org)

*An affiliate of the National Council on Problem Gambling, Inc.*

## **Webinar 1 of 2:**



<b>Title:</b>	<b>Problem Gambling and Co-Occurring Disorders</b>
<b>Date &amp; Time:</b>	January 17, 2018 12:00 pm – 2:00 pm
<b>Presenter:</b>	Lori Rugle, Ph.D
<b>Location:</b>	Webinar
<b>Cost:</b>	\$20.00
<b>CEU's:</b>	2.0

### **Description:**

The majority of individuals experiencing disordered gambling in clinical and population prevalence populations have been found to also present with a broad range of co-occurring behavioral health disorders. This webinar will look at the incidence and sequence of co-occurring disorders among individuals with disordered gambling. We will discuss treatment strategies, harm reduction approaches and ways to develop problem gambling integrated behavioral health programs.

### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- Participants will be able to identify behavioral health disorders that commonly co-occur with gambling disorder.
- Participants will be able to describe the interaction between gambling disorder and co-occurring substance use and mental health disorders.
- Participants will be able to identify effective intervention strategies for working with clients with gambling and other behavioral health co-occurring disorders.

**Dr. Rugle** has been working in the field of problem gambling for 30 years. She has managed problem gambling treatment programs within the Veterans Administration, in the private sector, and within state systems. She has participated in research on neuropsychological assessment of pathological gamblers, neuroimaging and genetic studies of problem gambling, psychopharmacological treatment of problem gambling, gambling problems and coping among homeless veterans, trauma history, and problem gambling. She has consulted with state and national governments on developing and implementing problem gambling treatment programs. She is currently Program Director for the University of Maryland Center of Excellence on Problem Gambling.

## **Webinar 2 of 2:**



**Title:** *Using the Gambling Pathways Questionnaire (GPQ) to Guide Client Treatment*  
**Date:** February 9, 2018 12:00 pm – 2:00 pm  
**Presenter:** Dr. Lia Nower  
**Location:** Webinar  
**Cost:** \$20.00  
**CEU's:** 2.0

### **Description:**

An increasing number of studies are identifying distinctive subtypes of disordered gamblers. Those subtypes are characterized by the presence or absence of specific etiological factors as well as comorbid disorders. The Pathways Model (Blaszczynski & Nower, 2002) was the first etiological model to suggest that there are three distinct pathways to problem gambling. Pathway 1 gamblers exhibit no significant pathology prior to the onset of problem gambling and develop gambling problems in response to behavioral conditioning patterns and erroneous cognitions acquired during play. Pathway 2 gamblers typically have preexisting mood or substance use disorders and, often, a history of family instability. Finally, Pathway 3 gamblers share etiological factors with Pathway 2 but also exhibit high levels of impulsivity, anti-social traits and comorbid psychopathology. The Pathways Model has been tested in various studies, most recently by Nower, Martins, Lin & Blanco (2013) in a representative sample of U.S. adults. This workshop will introduce beginning and experienced practitioners to subtypes of disordered gamblers and their screening and treatment.

### **Learning Objectives:**

*At the end of the training, participants will be able to:*

- To understand the relevance of gambling etiology to successful gambling treatment
- To learn to administer, score, and interpret the GPQ in clinical settings
- To understand the relationship of GPQ indicators and classification to treatment planning with individual clients

**Dr. Lia Nower** is a Professor and Director of the Center for Gambling Studies at Rutgers University. Her research focuses on internet gambling, the etiology and treatment of problem and disordered gambling and co-morbid addictive disorders and gambling-related policy issues. Dr. Nower has served as an NIH pre-doctoral fellow, a Fulbright fellow, and a research intern at the National Research Council at the National Academies. She is currently Co-Editor of International Gambling Studies and a consultant and grant reviewer for international, national and state agencies. Dr. Nower has also served as a member of the legislative and research boards and a clinical supervisor for the National Council on Problem Gambling in Washington D.C. A former criminal prosecutor, she serves as a forensic consultant in state and federal court cases involving gambling-related crimes and as an expert witness in cases involving gambling-related issues. Dr. Nower is a co-editor of *The Wiley-Blackwell Handbook of Disordered Gambling*, published by Wiley & Sons in 2013.

991 Providence Highway, Suite 200 Norwood, Massachusetts 02065

Phone: 617-426-4554 Helpline: 800-426-1234 Website: [www.masscompulsivegambling.org](http://www.masscompulsivegambling.org)

*An affiliate of the National Council on Problem Gambling, Inc.*

## **Training Institute**

**Clock Hours/Continuing Education Units- 32**



**Date & Time:** *April 3<sup>rd</sup> 5<sup>th</sup> 10<sup>th</sup> 12<sup>th</sup> 17<sup>th</sup> 19<sup>th</sup> 24<sup>th</sup> 26<sup>th</sup> (4 weeks of classes)*  
*Tuesdays & Thursdays 6 pm – 10 pm*

**Region:** Boston

**Location:** Roxbury Community College, 1234 Columbus Ave., Roxbury, MA

**Presenters:** Dot Duda, Amy Gabrilla, Jodie Nealley, Brenda Westberry & Amanda Winters

**Cost:** \$275 .00

**\*includes application fee for MA Problem Gambling Specialist Certificate**

### ***Description:***

The Mass Council on Compulsive Gambling Training Institute's goal is to increase the number of services providers in the treatment and service of Gambling Disorders; increase the community's access to comprehensive and competent care, increase service and treatment delivery, and improve treatment outcomes.

The Mass Council on Compulsive Gambling Training Institute provides a comprehensive delivery of gambling specific trainings for social services providers in order to build the capacity of knowledge in the area of Gambling Disorders. The training institute meets from 6pm-10pm, twice per week for four weeks. At the conclusion of the four-week training process, individuals will be able to meet the MA PGS training standards and certificate training requirements.

**Courses:** (4 weeks of classes)

**Course 1 of 8:** Introduction to Problem Gambling

**Presenter:** Jodie Nealley

In the era of expanding gambling, providers are encouraged to increase their base of knowledge in order to provide service and support to service recipients. This introductory training is aimed to increase current social service providers' knowledge in identifying problem gambling behavior within clinical and social service practice. Social service providers will learn how to incorporate problem gambling information and treatment skills into their area of practice.

### **Objectives:**

- Identify stages, signs, symptoms and progression of problem gambling
- Identify and discuss research reports of prevalence rates with respect to problem gambling
- Explain risk factors associated with gambling disorder
- Discuss history & development of the problem gambling field; with emphasis on state of MA and the field of addiction
- Discuss a public health framework for addressing disordered gambling

991 Providence Highway, Suite 200 Norwood, Massachusetts 02065

Phone: 617-426-4554 Helpline: 800-426-1234 Website: [www.masscompulsivegambling.org](http://www.masscompulsivegambling.org)

*An affiliate of the National Council on Problem Gambling, Inc.*

# **Training Institute**

**Course 2 of 8:**     **Working with Special Populations: *African-Americans and Latinos***  
**Presenter:**         Brenda Westberry

This training will discuss African-American and Latino/as cultural issues and its relationship to problem gambling. It will explore barriers to prevention, intervention, treatment, and recovery, and discuss strategies and techniques that promote wellness. The workshop will discuss and review African-American and Latino/as cultural characteristics and its relevance to social services practice. Also, service providers will gain education, resources, and current outreach efforts.

## **Objectives:**

- Explain gambling in the African-American and Latino/as community
- Explain barriers to prevention and care
- Understand the cultural characteristics of African-American and Latino/as
- Identify effective strategies and techniques
- Identify resources and current initiatives

**Course 3 of 8:**     **Assessment and Diagnosis**  
**Presenter:**         Dot Duda

This training will focus on the assessment and diagnosis of gambling disorder as a behavioral addiction. The process of the therapeutic alliance and other engagement practices will be considered as important components of the assessment process. The evaluation of major depressive disorder and the risk for suicidality will be highlighted as important aspects of the assessment process with a person with gambling disorder. The development of a safety plan will be discussed as a consideration for the protection of the problem gambler.

## **Objectives:**

- Describe DSM-5 diagnostic criteria for Gambling Disorder
- Describe suicidal rates and common clinical presentation of problem gamblers
- Describe strategies in risk assessment and safety planning
- Describe strategies in establishing a therapeutic alliance

**Course 4 of 8:**     **Gambling as a Co-Occurring Disorder**  
**Presenter:**         Brenda Westberry

This training will explore the similarities and differences of gambling disorder with substance use and mental health disorders. This training will discuss and explore the various challenges in identifying disordered gambling within client care. Also, this training will introduce the addiction syndrome model, as well as strategies in identifying and screening of gambling disorder.

## **Objectives:**

- Describe similarities and differences with substance use and mental health disorders
- Describe the various challenges in identifying disordered gambling
- Describe the Addiction Syndrome Model
- Recognize strategies in identifying and screening of gambling disorder

# **Training Institute**

## **Course 5 of 8: Cognitive Behavioral Therapy and other Evidence-Based Treatment Modalities for Gambling Disorder**

**Presenter:** Dot Duda

The treatment of gambling disorder as a behavioral addiction has its unique challenges. This training will explore the various clinical challenges that can be present when working with problem gamblers. Also, this training will provide an introduction to Cognitive Behavioral Therapy (CBT) and other evidence based treatment modalities for the treatment of gambling disorder. A review and discussion of CBT will provide practical information that will allow clinical insight into treating the problem gambler.

### **Objectives:**

- Identify various clinical challenges of working with problem gamblers
- Explain CBT in the treatment of gambling disorder
- Identify evidence-based treatment modalities for gambling disorder
- Identify treatment and clinical resources

## **Course 6 of 8: Integrating Recovery Supports into Clinical Practice**

**Presenter:** Jodie Nealley

Recovery support services are an integral part of a recovery-oriented system of care. The questions then become, which supports to use and how to integrate them into a treatment process. This session will discuss several recovery support services, offer suggestions as to who should be offering them, and discuss how services can be integrated into the treatment of clients with gambling disorder.

### **Objectives:**

- Identify signs and symptoms of problem gambling
- Identify recovery support services
- Explain recovery supports and integrating strategies
- Identify resources for assessment, referrals and resources

## **Course 7 of 8: Prevention and Problem Gambling**

**Presenters:** Amy Gabrila and Amanda Winters

Many clinicians have received little formal training on the science of prevention. Yet, in the day to day delivery of their craft, many are indeed decreasing risk factors and increasing protective factors for their clients, the client's families and the community. These are major components of prevention work. This training will cover the key components of successful prevention work and discuss how clinicians can enhance their own prevention efforts all within the rubric of their clinical practice.

### **Learning Objectives:**

- Participants will identify what the harm reduction model is and how it relates to gambling.
- Participants will apply harm reduction principles to help all clients keep gaming fun
- Identify techniques in integrating prevention strategies
- Identify prevention resources and supports

991 Providence Highway, Suite 200 Norwood, Massachusetts 02065

Phone: 617-426-4554 Helpline: 800-426-1234 Website: [www.masscompulsivegambling.org](http://www.masscompulsivegambling.org)

*An affiliate of the National Council on Problem Gambling, Inc.*

