

# GAMBLING PROBLEMS

For some individuals, gambling can lead to serious problems with social, financial and emotional costs that affect their lives and the lives of their loved ones.

The four questions on the reverse side of this card can assist interviewers in identifying gambling problems. No single question is adequate in capturing the majority of those experiencing gambling problems. However, answering “yes” to one or more of these questions is suggestive of a problem deserving further assessment.

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Based on the revised CAGE. Adapted by Walter Miller; LCSW, NCGC and Christopher Armentano; NCGC, Connecticut Department of Mental Health and Addiction Services / Problem Gambling Services.



Massachusetts Council on  
**Compulsive Gambling**  
*We understand the problem. We can help.*

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# 4-QUESTION Screening Tool

1. Have you ever borrowed money in order to gamble or to cover lost money?

2. Have you ever thought you might have a gambling problem, or been told that you might?

3. Have you ever been untruthful about the extent of your gambling, or hid it from others?

4. Have you ever tried to stop or cut back on how much or how often you gamble?

For more information on resources for people experiencing problems with gambling, please contact the Massachusetts Council on Compulsive Gambling Helpline at 1-800-426-1234.



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